



FAMILY WELLNESS INSTRUCTOR TRAINING INFORMATION FOR MODESTO (Salida), CALIFORNIA

Training Dates: Wednesday, Thursday, and Friday, March 7, 8 & 9, 2012

Training Emphasis: Survival Skills for Healthy Families

Times: 9 a.m. – 5 p.m. (4 p.m. on last day)

Training Location:

5670 Pirrone (Apostolic Worship Center)

Salida, California 95368

Airports

Modesto is located approximately 75-85 miles from the following airports:

Oakland (OAK), Sacramento (SMF), San Jose (SJC), and San Francisco (SFO).

There is also a small airport in Modesto (MOD). To come to this airport you would need to fly into San Francisco (SFO) and then take a United flight into Modesto.

Hotels:

Hampton Inn & Suites, 4921 Sisk Rd., Salida, CA 95368; phone: 209-543-3650.

Approximate cost: **Ask for Family Wellness rate of \$84/night** when calling to make reservations. Complimentary breakfast and wireless internet. 1.75 miles from training site.

La Quinta Inn & Suites, 4909 Sisk Rd., Salida, CA 95368; phone 209-579-8723.

Approximate cost: \$104/night. Complimentary breakfast and internet. 1.75 miles from training site.

Holiday Inn Express, 4300 Bangs Ave., Modesto, CA 95356; phone: 209-543-9009.

Approximate cost: \$114-123/night. Complimentary breakfast and internet. About 2.5 miles from training site.

Training Fee:

\$650 per person (non-profit rate). Fee includes materials. Dress is casual.

For questions or to register, call 888-543-3809, register online at www.familywellness.com or email michelle@familywellness.com.